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JUST THOUGHTS (PAPERBACK)

**JUST
THOUGHTS**

THOMAS PASEKA

Balboa Press, 2017. Paperback. Condition: New. Language: English. Brand New Book***** Print on Demand *****.Recognizing the longing in life for insights that energize and ground one is the beginning state of one's self awareness. This is the essence of Just Thoughts. Expression of thoughts that are brief and clear provide a format for potential clearings of the Heart, Mind and Body. Thoughts are a medium of a perspective which can create this atmosphere when applicable. An Individual..

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- Authored by Thomas Paseka
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