


[DOWNLOAD](#)


Manual of Dry Needling Techniques Color Edition (Paperback)

By Dr Piyush Jain

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.All color pictures Upper Lower Quarter Heading Page CHAPTER 1 - INTRODUCTION 1 History 2 International Definitions 4 Introduction to Pain 6 Myofascial Trigger Points 14 CHAPTER 2 - UNDERSTANDING DRY NEEDLING 31 Models of Dry Needling 32 Types of Dry Needling 34 Physiological Effects of Dry Needling 35 Analgesic Effects 35 Biochemical Modulation 38 Mechanical Effects 39 Understanding Needles 43 Handling Needles 44 Practising Needling/Method Of Needling 45 Direction Of Insertion 46 Basic Insertion Techniques 47 Manipulation 47 Order Of Insertion And Removal Of Needles 48 Patient Education 49 Hygiene 49 Material Required 53 Indications 53 Contraindications 53 Precautions 55 Appropriate Selection Of Patient 55 Procedure of Dry Needling 56 Advantages 57 Management Of Adverse Events 57 CHAPTER 3 - TRIGGER POINT DRY NEEDLING (UPPER QUARTER) 60 Supraspinatus 61 Infraspinatus 62 Rhomboid Major And Rhomboid Minor 63 Latissimus Dorsi 65 Upper Trapezius 66 Teres Major 68 Teres Minor 69 Subscapularis 70 Levator Scapulae 71 Deltoid 72 Biceps 74 Triceps 75 Anconeus 76 Brachialis 77 Brachioradialis 78 Supinator 79 Extensor Carpi Radialis Brevis 80 Extensor Digitorum 81 Extensor Carpi Ulnaris...



[READ ONLINE](#)

[6.69 MB]

Reviews

Comprehensive guide for publication lovers. it absolutely was writtern really flawlessly and valuable. You wont really feel monotony at whenever you want of your own time (that's what catalogs are for concerning if you ask me).

-- **Rowan Gerlach II**

This pdf can be worthy of a read, and much better than other. I am quite late in start reading this one, but better then never. Its been printed in an remarkably easy way which is merely following i finished reading this book by which basically changed me, alter the way i think.

-- **Nedra Kiehn**