



## The Mind Wheel: Role-Modeling Imagery and Cultural Healing Guided Mediations from the Nalanda Institute

By Professor Joseph Loizzo

BRILLIANCE AUDIO, 2017. CD-Audio. Condition: New. Unabridged. Language: English . Brand New. These guided meditations recorded by Dr. Loizzo are meant to support all four horizons of contemplative learning and meditative practice that make up the gradual path to freedom and happiness taught in the Nalanda tradition. Role-Modeling Imagery: Invoking the Healing Mentor Inner Role-Modeling: Embodying the Healing Mother The Art of Recreating Life: Becoming Sheer Brilliance Brief Art of Recreating Life Becoming the Wisdom Mother Role Modeling Imagery of the Ideal Healer.



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