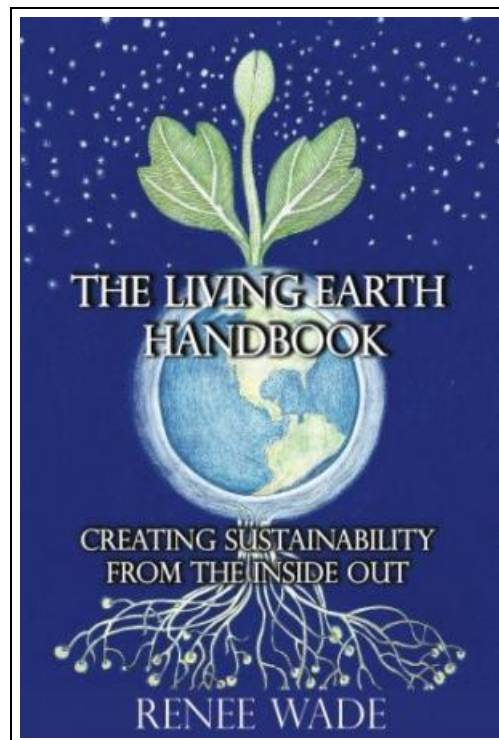


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THE LIVING EARTH HANDBOOK: CREATING SUSTAINABILITY FROM THE INSIDE OUT (PAPERBACK)

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Natural Collaboration, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Our planet seems to be struggling, reeling with the impacts of industrial civilization. Is there hope for a vibrant future? Is it possible for both humanity and Earth to thrive together? The journey from where we currently are to where we would like to be is far shorter than most people imagine because the most important part of that journey is inside us. It starts by leaving behind the stories that disconnect us from our essential nature as well as from our deep belonging to this planet and universe. From the far reaches of the cosmos to the bacteria that inhabit your gut, science is uncovering the evidence that rewrites our human story and the story of our planet and universe. We are part of Earth's evolving life, part of the fabric of nature, and we hold within us the ability to connect to a radical creativity - a creativity that is guided by our hearts even as it makes full use of our rational minds. You hold a transformational power, one that can help to shift our culture and our planet through the perils of a changing climate. This book will show you the path to becoming a partner in the creation of our ongoing, co-evolutionary adventure with Earth. In this book, you will: Uncover the distorted map guiding our personal and cultural systems away from sustainability. Learn about the most powerful evolutionary tool used on this planet - and how you can use it to enrich your health and relationships. Discover the scientific basis for intuition. Learn simple techniques for connecting to your wise internal guidance. Learn how to connect to Nature's intelligence to find rest and rejuvenation,...



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